# Putting the Garden to Bed for Winter



Presented by Walton County Master Gardener Extension Volunteers



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### Saying Goodbye to the Summer Garden

- October is often the month that we say goodbye to the Summer garden and "put it to bed."
- Many gardeners like to perform a **garden clean-up** at the end of the season before the onset of winter.
- Usually this means cutting back perennials, pulling up spent vegetables and annuals, and raking up leaves as they drop from the trees and shrubs.
- In addition, some annuals and tender **bulbs can be dug** up and brought indoors to use again next season, and marginally hardy perennials and evergreen shrubs can be protected to help them come through the winter without too much damage.





# In the Kitchen Garden...

- Harvest any summer vegetables still left; remove plants.
  - Green tomatoes can be put into brown paper bags and stored in a cool dry place to ripen slowly
- Cool weather vegetables like lettuce and other winter greens really start coming in about this time.
  - Frost-tender plants like lettuce can be protected on really cold nights with a row cover and will last well into December.
- Cold tolerant greens like collards taste better after a frost.
  - The carbohydrates at that point are converted to sugars.







## Herbs

- Gather up annual herbs such as basil before the cold sets in.
- They can be processed as pesto, stored in oil, and even frozen in ice cube trays.
  - Drying is an option that works well for basil and many other herbs for use later this winter.







## Sanitation in the Garden

- Once all your summer
  vegetables are harvested,
  remove old spent plants as
  well as any foliage that has
  fallen on the soil.
- The destruction of harboring places for insects and diseases plays a large part in any good sanitation program.







# Mulching

- Finish by mulching the beds with straw or chopped leaves.
- These mulches can be turned into the soil next spring to help fertilize next year's crops.
  - You can even use layers of newspaper or cardboard to help suppress weeds even more, and this will break down.





#### Perennials

- Tidy up the perennial beds.
- Any plant you suspect might be diseased should be removed.
- Otherwise, removing the stalks and foliage of perennials is a matter of choice.
  - Cut them down if you want a neat look.
  - To provide seed heads for birds, leave them.
- You will want to weed one last time and then give everything a good layer of mulch.
  - After the ground is good and cold, mulch around the crowns of your plant to reduce the chance of frost heaving.
  - Heaving is the formation of ice in the soil the causes the soil to buckle,. Then when the soil thaws, the root system is pushed out of the ground.





# Dividing perennials

- Perennials that are overcrowded or are growing in a ring shape with the center portion missing should be divided now.
- Find a new spot in your garden or give them away to neighbors.



### Ornamental grasses

Most people leave ornamental grasses standing for the winter to blow in the wind and add that rustling sound to the landscape while providing a habitat for the birds in winter.





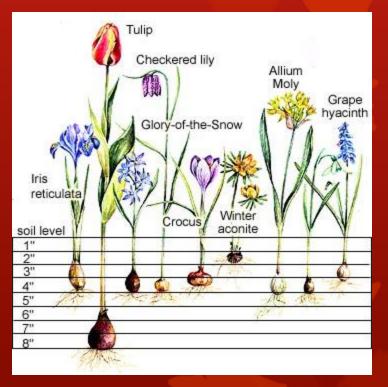


# Perennials- Spring Bulbs

- Now is the time to plant spring bulbs so you will have a vibrant spring full of color.
- These include tulips, daffodils, crocus, hyacinth, and so many others.
- Planting can continue all the way up till the ground freezes, so take advantage of those late season sales.
- Broadcast the bulbs and plant them where they land.
  - This is called **naturalizing**.







# Tender Bulbs

- Lift tender bulbs such as tuberous begonia, caladium, and elephant ear.
- Gladiolas should also be dug so that you can spread out the flower production next summer by planting them successively for several weeks in the spring.
  - Most dahlia will winter ok, as will lilies and cannas.
    - Those lifted should be dug carefully and stored in a cool dry dark location.
    - You will want to check periodically during the winter.







#### Cool weather flowers

- Remember to plant your cool weather annuals such as **pansies** and **dianthus**.
- These will add color to the winter garden.





# Pruning

#### Resist pruning!

- Pruning trees and shrubs now might
  stimulate tender young
  growth that would not
  withstand the cold
  temperatures.
- Wait to prune deciduous trees and shrubs that need shaping until the **plants are dormant.**





#### Lawns

- Lawns could use preparation now for next spring.
- Aerate if the soil is compacted.
  - This will allow the soil to drain better and give the roots much needed oxygen.
- Seeding should also be done in the fall and is best done after aeration takes place.
- Seeding of cool season
  grasses early in fall will give
  the new roots plenty of time
  to become established before
  winter.







# Soils

- Perform soil testing now!
- When you receive your soil test results, now would be the time to add any recommended amendments such as lime.
  - Winter rains and the alternating cooling and thawing will help incorporate them into the soil.







#### Lawn – Fall leaves

- Make sure fall leaves have been removed from the lawn.
  - Can be mowed/mulched right on the lawn if you have a mulching mower
- Leaves left on the lawn will cut off the sunlight to the grass and trap moisture, which can encourage fungus diseases.





# Composting

- Composting is a great way to recycle leaves and turn them into a valuable product that can be added back into our gardens.
  - Composting also destroys most weeds with the exception of pigweed seeds.







#### Winterizing Tools

- Winterize gas powered tools like the lawn mower, weed eater, tiller, etc.
  - Empty the gasoline.
  - Change the oil.
  - Clean the air filter.
  - Oil the spark plug.
  - Clean the engine.
- Taking these precautionary steps now will ensure that your mower will start with no difficulty when spring comes around again.





# Hand Tools

- Clean off old caked-on dirt and debris.
- Sharpen the edges of the shovels and hoes by running them in a bucket of sand that has old motor oil in it.
- Clean and oil the handles of tools.
- Sharpen the blades of your pruners and mower blade so they will be ready first thing come spring.





### Containers

Bring in any containers that might freeze like terracotta planters, concrete urns, or even ceramic containers such as this ceramic fountain.







## Fruit trees

- Pick up any fallen fruit or fruit remaining on the tree.
  - This reduces the chance that pests such as the apple maggot and coddling moth will overwinter and wreak havoc next year.
  - Diseases like brown rot are also reduced.
- Mummified fruit should also be removed.









#### Fruit- Strawberries

- Mulch strawberries with straw for winter protection after night-time temperatures drop below freezing.
  - This will also help if deer are a problem.
- Consider using row covers such as remay.
  - Remay is a row cover material made of a woven polyethylene material that will offer several degrees of protection against the cold





# Houseplants

- Houseplants growing outside should be prepared to be brought back inside.
  - Look them over for any signs of insects and treat as needed
  - Prune or repot any that need it
- Move to a shady area for a few days prior to moving inside as a means of acclimating them to the low light conditions they will have inside.
- Force the buds on Thanksgiving or Christmas cactus by placing in a cool (55-60 degree) room and 13 hours of darkness.
- Pot up paper whites and amaryllis for holiday blooming.
- Lightly fertilize indoor plants in fall then discontinue on most for rest of winter (except cyclamen).

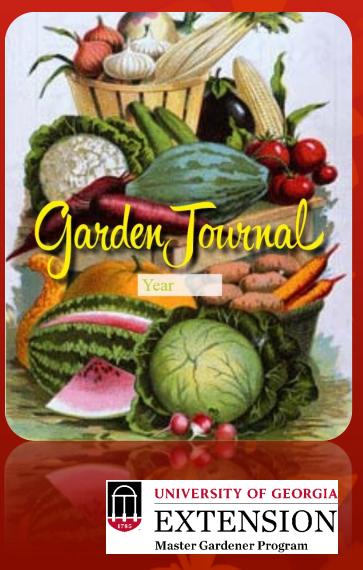


Master Gardener Program



## Update Your Garden Journal

- Keeping a garden journal is a great way to organize and keep track of the how, when, where, and what of gardening as reminders for next season.
- It's easier to take notes during the current garden season than struggling to remember 6 months after the season has ended.
- Garden journals assist in keeping track of problems so preventative action can be taken in future seasons.
- Developing a journal should be fun. It will allow you to be creative while providing a permanent garden record



## In Conclusion...

- With just a little effort in the late fall and winter, you can have a big impact on the health of your garden next spring and summer.
- So use the remaining days of this year to prepare your garden for a beautiful and healthy coming year.





# Questions?





# Have More Questions? Need Help?





Contact us at waltonmg@uga.edu 770-267-1324

Walton County Extension 1258 Criswell Rd, SE Monroe, GA 30655

Office hours: Monday - Friday 8:00 am-Noon & 1:00-5:00 pm

MG Help Desk hours: **Tuesdays** 1:00-4:00

# **Support our Two Fundraisers**





#### Use Fundraising Code WaltonMG2024



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Walton County Master Gardeners invite you to

Free Fall 2024 Gardening Talks

Mondays 2:00-3:00 p.m. O'Kelly Memorial Library 363 Conyers Road, Loganville GA

Sept 9: Exploring Succulents

Sept 16: Putting the Garden to Bed for the Winter

Sept 23: Fall is the Best Time to Plant!

Sept 30: Hügelkultur—An Ancient Way to Garden

**Oct 7: Powerhouse Sun Perennials** 





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Walton County Master Gardeners invite you to Free Fall 2024 Gardening Talks Wednesdays 2:00-3:00 p.m. **New UGA Extension Office** 1258 Criswell Rd SE, Monroe GA Sept 11: Exploring Succulents Sept 18: Putting the Garden to Bed for the Winter Sept 25: Fall is the Best Time to Plant! Hügelkultur—An Ancient **Oct 2:** Way to Garden **Oct 9: Powerhouse Sun Perennials** 





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# **Interested in being a Master Gardener?**



Go to our website at <u>www.waltonmastergardeners.com</u> and click on *Become a Master Gardener* to learn more!





#### Sign up for our Monthly Newsletter!







Don't forget to fill out the evaluation!



Let us know what classes you would like to attend in the Spring of 2025.